

EMBRACE



EMBRACE builds teachers' emotional resilience leading to wellbeing and renewal. The program combines a mindfulness toolkit and curriculum with intensive training and effective coaching.



\$49,740 grant award



Organization is 106 years old and program is 2 years old



Serving teachers and other educators



175 employees, 200 volunteers

SUCCESS MEASURES

Train new EMBRACE teachers. The community's investment was primarily focused on increasing the number of teachers participating in EMBRACE's pilot program. Clayton Early Learning deemed having four to six teachers participating by October 2017* would constitute success. Already, the EMBRACE team has exceeded its goal and provided training and weekly individual and group coaching to seven diverse teachers.

GOAL



TO DATE*



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CLASSROOMS PILOTING
EMBRACE

On track to surpass goal. The EMBRACE team has already exceeded its goal by piloting the program in three of the 16 classrooms on the Clayton Early Learning campus.

100%

TEACHER RETENTION
DURING PILOT PHASE

During the pilot to date, five of the seven teachers were retained (71 percent).

83%

OF TEACHERS REPORTING
INCREASED RESILIENCE

On track to meet goal. While the formal evaluation is not yet complete, teachers report that EMBRACE strategies have resulted in increased satisfaction and decreased burnout.

**Goals included in the grant agreement are based on an Oct. 2016 - Oct. 2017 timeframe.*